

## Tips for Finding a Provider on Rocky Mountain Health Plan's Website

Finding a provider or facility on an insurance carrier website can be a little tricky. Each carrier's website varies a bit in the process of how to find a provider. Use this as a guide to help you navigate each carrier's website.

- Search the second column below for your county of residence to determine which Rocky Mountain Health Plan Network(s) in column one applies to you.
- In column one, click on the link that applies to you.
- Once you arrive at the RMHP/United Healthcare website, click on Colorado.
- Click on **"Providers in-Network on 1/1/2024"**. (make sure that tab is white)
- Click on the Network in column one on our RMHP Tip Sheet that applies to you.
- Change the location zip code so it represents where the doctor is located (listed on page 2 of your BPQ).
- Enter your doctor's name in the search bar last name first may provide better results. Click on search.
- If your provider is not found, consider using their business name. Refer to page 2 of your Benefits and Percs Health Questionnaire (BPQ) where you listed the business name of your provider.
- If you reside in a county that offers two plan networks, consider searching using the other available network link. You may find your doctor is contracted under the other plan network.

Name of Insurance Carrier	Rocky Mountain Health Plans		
Rocky Mountain Health Plan Network	RMHP is Available for Residents in the Following Counties:	Care Is In-Network in these Additional Counties:	
<a href="#">RMPH Colorado Doctors Plan</a>	Adams, Arapahoe, Boulder, Broomfield, Denver, Douglas, El Paso, Jefferson		Front Range
<a href="#">RMHP Sky</a>	Eagle*, Grand, Lake, and Summit counties. *Plans available only in these Eagle County zip codes: 80423, 80426, 80463, 81620, 81631, 81632, 81637, 81645, 81649, 81655, 81657, 81658	Adams, Arapahoe, Broomfield, Denver, Douglas, Elbert, Jefferson, Mesa	Western Slope
<a href="#">RMHP Valley</a>	Archuleta, Dolores, Eagle (Basalt), Garfield, Gunnison, Hinsdale, La Plata, Montezuma, Montrose, Ouray, Pitkin, Routt, San Juan, San Miguel	Adams, Arapahoe, Broomfield, Delta, Denver, Douglas, Jefferson, Mesa	Western Slope
<a href="#">RMHP Monument Health</a>	Delta, Mesa, Moffat, Rio Blanco	Adams, Arapahoe, Archuleta, Broomfield, Clear Creek, Denver, Dolores, Douglas, Elbert, El Paso, Grand, Gilpin, Gunnison, Hinsdale, Jackson, Jefferson, La Plata, Ouray, Montezuma, Montrose, Park, Routt, San Juan, San Miguel, Teller	Western Slope
<a href="#">RMHP Monument One</a>	Delta, Mesa, Moffat, Rio Blanco	Adams, Arapahoe, Broomfield, Denver, Douglas, Elbert, Jefferson	Western Slope